



Volunteers Guide to Course Marshalling & Zones

Being a Course Marshal puts you at the heart of the action: you get to witness the spectacle of thousands of runners passing by, all of whom will greatly appreciate your support.

We split the 13.1 mile course into Zones, each has a dedicated Meeting Point. Here you meet your Zone Leader for a briefing before moving into position. Everyone needs to be in position well in advance of the event starting so that the course can be signed off as safe for the race to begin. Some Zones have two meeting points or times listed – you can check your individual shift details in Rosterfy.

Volunteers need to make their own way to and from their shift position and we encourage people to walk or cycle where possible. You don't have to go via the event village on Midsummer Common, you can travel directly to the Meeting Point. However, if you wish to use the Event Park and Ride service, these drop off and pick up near Midsummer Common so an indicative walking time to each Zone Meeting Point is given to assist with your planning. Park and Ride Buses begin at 07:00 and last return buses are at 15:00.

Zone	Which part of the route?	Volunteer Meeting Point	Meeting Time	Walking time from Midsummer Common
A	Maids Causeway, Elizabeth Way	Midsummer Common	07:45	0 mins
B	Chesterton Road Island Milton Road Island, Mitchams Corner	Mitcham's Corner	07:45	10 mins
C	Chesterton Road, Queens Road, Northampton Street	Junction of Victoria Avenue / Chesterton Road	07:45	10 mins
D	St Johns, Trinity, Trinity Lane, Senate House, Kings College	Outside Senate House	07:45	15 mins

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Zone	Which part of the route?	Volunteer Meeting Point	Meeting Time	Walking time from Midsummer Common
E	Queens Road, Silver Street, Trumpington Street, Trumpington Road, Fen Causeway Roundabout	Corner of Kings Parade / Silver Street	08:00	20 mins
F	Fen Causeway / Newnham Road / Barton Road	Outside City Cycle Hire	08:00	25 mins
G	Grantchester – High Street, Coton Road, Trumpington – Church Lane, High Street	St Mary & St Michael Church OR Cambridge Gin Distillery	08:00	60 mins
H	Trumpington Road	Outside Leys School	08:00	30 mins
J	City Centre – Trumpington Street, Benet St, Guildhall, Market Street, Sidney Street	Outside Guildhall in front of Market	08:00	15 mins
K	Thompsons Lane, Park Parade, Jesus College	Jesus Lane – Jesus College Gates	07:00*	5 mins

*Zone K includes Park& Ride Meet & Greet, hence earlier start time

